

## Introduction

The University Union has been known as "the living room of the university" since we opened our doors in 1975. Centrally located on campus, we host programs and house services for education, cultural, and social experiences. Our three story building offers numerous dining options, event spaces, leisurely activities, and informal lounge spaces for socializing, studying and relaxing. *Campus life starts here!* 

### Spend some time with us.

### Traditions



#### **Phlagleblast**

Established in 2000, Phlagleblast is the University Union's annual open house event and celebration—a tradition the entire campus looks forward to each year. The building comes to life for this event, with decorations throughout all three floors. The day is filled with live entertainment, giveaways, free food, grand prizes and more.



#### **Wish Upon A Star Gift Drive**

This annual gift drive benefits Sunburst Projects, an organization that creates safe and supportive communities for children, youth and families living with HIV/ AIDS in Sacramento. The campus community is encouraged to donate basics like warm clothing or wish list items. For more than 20 years, this annual drive has granted over 9,000 holiday wishes.



#### **Blood Drives**

Sac State saves lives with blood drives! Throughout the academic year, we partner with Vitalant and other campus partners to host on campus blood drives. We look forward to our friendly, annual Causeway Classic Blood Drive competition against UC Davis in which we compete to collect the most pints of blood.



#### **Spirit Fridays**

On Fridays, we wear green! To support school spirit, we encourage the campus community to wear their Sac State apparel on Fridays. Our Union prize patrol awards prizes weekly in person and on social media. Tag us @sacstateunion on Instagram and use #SacStateSpirit for a chance to win a prize.



#### **Student Purchase Awards**

This annual art exhibit has been an integral tradition of the University Union Gallery since the late 1970s. Student artwork is chosen for the exhibit. Three "Best of Show" awards are selected and are awarded a cash prize. Several pieces are also chosen and purchased to add to the University Union's permanent art collection and are on display in the public areas building for years to come.





#### **SOMETHING FOR EVERYONE**

We offer a variety of food to accommodate all tastes and budget. Check out one of our eight food vendors, where you will find Chinese food, sushi, pizza, burgers, salads, sandwiches and more. If you're in need of a pick me up, grab a cup of coffee at Starbucks, a delicious smoothie at Jamba Juice or a snack at The Store or one of our vending machines. Bringing food from home? We also have microwaves available for use plus water bottle refilling stations throughout the building.

# Meet

#### **EVENT & MEETING FACILITIES**

Our facility has over 40,000 square feet of dedicated conference and meeting space that is available to the campus community and non-profit (501c3) community organizations. Whether you need a small conference room for 15, a banquet space for 800, or something in-between, we can accommodate you. With the 14,000+ square foot University Ballroom, the 180 seat Hinde Auditorium and over 25 breakout rooms, there is ample room for a variety of meetings, conferences and special events.

# Attend

#### **CAMPUS LIFE STARTS HERE**

The University Union is the center of campus life, with a variety of events every day of the week. In addition to campus events hosted in our building, we also have tournaments in the Games Room, art gallery exhibits and receptions, blood drives, student club and organizations meetings and entertainment events such as lectures, movie screenings, concerts, comedy shows, cultural events, and more!

# Relax

#### **ENTERTAINMENT, LEISURE & AMENITIES**

- **Union Gallery:** The Union's art gallery offers diversity in both style and medium with a mix of local, professional and alumni artists throughout the academic year.
- Games Room: Offering 11 billiard tables, 2 table tennis tables, foosball, and 9 screens for PS5, Xbox Series X, and Nintendo Switch gaming, the Games Room has activities to meet all interests.
- UNIQUE Programs: Plan, promote, and produce innovatative, quality, live entertainment on campus. Join them as a volunteer or attend one of their many FREE events.
- Relaxation Station: Finally, a dedicated space for napping! We provide cozy chairs for curling up and individual rooms for you to lay down for much needed rest in between classes.
- **Lounge Spaces:** We offer a variety of indoor and outdoor seating, including tables and lounge furniture for socializing, relaxing, eating, studying, and informal gathering.



## Connect

#### YOU GOT QUESTIONS? WE GOT ANSWERS!

Our knowledgeable staff can assist with any questions about The University Union and the campus, including transportation information, directory assistance, event information and other services such as lost and found and a car jump starter/ air compressor for emergencies.

#### **ADDITIONAL RESOURCES & SERVICES**

- Associated Students
  - Food Pantry
  - Government
  - KSSU Radio
  - Peak Adventures
- Crisis Assistance & Resource Education Support (CARES)
- New Student Orientation

#### **ALSO OFFERING:**

- · All gender restrooms
- ATMs
- Bottle refilling stations
- Computer and print stations
- Short-term laptop loans
- Meditation Room and footwash station
- · Mobile device charging lockers
- Mothers Room





As one of the largest student employers at Sacramento State, The University Union offers various part-time positions geared towards serving our campus and providing a valuable employment experience. We have positions in customer service, programming, maintenance, IT, facility operations, marketing, design, accounting and more!

- **Student-Focused:** Convenient on-campus location and flexible work schedule
- **Sense of Belonging:** Feel connected to campus and enjoy a large network of staff
- **Mentorships:** Career guidance from experienced professionals
- Career Skills: Develop and strengthen skills to prepare you for your career path.

To learn more about jobs: theuniversityunion.com/jobs

#### THE UNIVERSITY UNION

6000 J Street, Sacramento, CA 95819 (916) 278-6997

theuniversityunion.com

#### **HOURS**

During the academic year, we are generally open:

- Monday–Thursday: 6:30 am–11:00 pm
- Friday: 6:30 am-9:00 pm
- Saturday: 8:00 am-8:00 pm
- Sunday: 10:00 am-11:00 pm

For the most up-to-date hours, please check our website or give us a call.

SOCIAL MEDIA





**@SACSTATEUNION** 



#### UNION WELL, INC.

Union WELL, Inc. is an auxiliary of California State University, Sacramento and the corporation consists of the facility operations and programs of two buildings: The WELL (Recreation & Wellness Center) and The University Union.









